



Trade & Investment
Office of Liquor, Gaming & Racing



Multi-language DVD to help address problem gambling

A new DVD to address problem gambling from a community perspective has been released in five languages: Arabic, Chinese, Greek, Italian and Vietnamese.

Featuring community members, the free *What's Gambling Really Costing You?* DVD highlights the fact that gambling problems can affect people from any cultural background and provides information about free counselling services and support materials available in-language.

Part of the NSW Government's Culturally and Linguistically Diverse (CALD) Problem Gambling Awareness Campaign, the DVD includes interviews with counsellors, doctors and community leaders and emphasises there is no shame in having a problem or seeking professional help.

Launched as part of Responsible Gambling Awareness Week (14-20 May), the *What's Gambling Really Costing You?* DVD appeals to CALD communities by dispelling some of the superstitions surrounding gambling and promoting the free, confidential help available in a range of languages.

In 2010 the NSW Government launched a problem gambling awareness campaign in Arabic, Chinese, Greek, Vietnamese and Italian in partnership with the NSW Multicultural Health Communication Service as part of a \$2.4 million, three-year early intervention and prevention strategy.

Members of culturally diverse communities with gambling problems are encouraged to take that all-important first step and seek help from a range of high quality NSW Government-funded counselling services.

Through the Responsible Gambling Fund, the NSW Government funds the Arab Council Australia at Bankstown, Auburn Asian Welfare Centre at Lidcombe, Co.As.It (the Italian Association of Assistance) at Leichhardt, Newtown's Greek Welfare Centre, the Vietnamese Community in Australia at Cabramatta and the Statewide Multicultural Problem Gambling Service based at North Parramatta, to provide treatment and support for problem gamblers and family and friends affected by problem gambling.

Vietnamese Community in Australia NSW Chapter Chapter Huyen Nguyen was involved in the production of the *What's Gambling Really Costing You?* DVD and welcomes it as a valuable resource to assist Vietnamese people with gambling issues.

"Even though problem gambling has affected so many Vietnamese families, people still find it a very difficult topic to talk about. We hope this DVD will encourage people to open up and seek help," says Huyen Nguyen, Problem Gambling Counsellor.

Please contact the Vietnamese Community in Australia - NSW Chapter Inc. on 02 9727 5599 or 02 97903934 or visit our offices at either 4/50 Park Road, Cabramatta or 23 Greenwood Avenue, Bankstown for a free copy of the DVD.

If you or someone you know is experiencing gambling problem, help is available. The Vietnamese Community in Australia - NSW Chapter is a free and confidential service with trained professionals who can help you overcome the challenges you are facing.

This DVD is also available online at www.youtube.com/gamblinghangover.

For free confidential help 24 hours a day visit www.gamblinghelp.nsw.gov.au or call 1800 858 858.

Is gambling a problem for you
or someone you know?

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