

Before your child's 4 year health check

Print a translated copy of the Parent Evaluation of Developmental Status (PEDS) form from the website (to be inserted) and fill it in before your visit, or ask your child health nurse to help you.

Before school screening at 4 years

Health assessment

Before your child begins school, it is recommended that you take him/her to your local child and family health nurse or Doctor for a health check. If you are unable to attend, you may wish to ask a friend or relative to take your child. The health assessment will include:

- Hearing
- Vision
- Physical (height, weight, gait) check
- Questions about your child's development
- Immunisation information

You are encouraged to talk to the nurse, doctor or teacher about any health issues which may affect your child's learning ability.

Testes check at 4 years

Boys' testes should be able to be seen or felt in their scrotum. (Testes are also known as 'testicles', or familiarly, as 'balls'.) The testes are usually at slightly different levels. It is quite normal for the testes to be higher or lower in the scrotum at different times (eg higher in cold weather), however they should be found at least some of the time at the very bottom of the scrotum. It is probably easiest to check the testes when your boy is warm and relaxed, eg in the bath.

If you cannot see both testes clearly, you will need to feel for them gently in the scrotum to find out if both testes are there. Let your boy know that it is important to find out whether his testes are in the right place, but reassure him that he does not need to worry about it. Make sure that you have warm hands, because sometimes a normal testicle can move up out of the scrotum when touched by a cold hand. If you cannot see or feel one or both of your boy's testes, or you are not able to check them, please have them checked by a doctor. The doctor or nurse will be happy to discuss this with you at your boy's health check.

PARENT QUESTIONS VISION AND HEARING

| | Yes | No | Unsure |
|---|--------------------------|--------------------------|--------------------------|
| Are you worried about your child's hearing? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Does your child have a turned or lazy eye (squint or strabismus)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Is your child currently under care for their vision? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Are you concerned about your child's hearing? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| In the past year, has your child had a discharging ear? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| In the past year, has your child had more than four ear infections? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| During a cold, does your child have trouble hearing? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Does your child often ask you to repeat things? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Does your child have difficulty following instructions? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Does your child speak clearly? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Does your child use groups of words when speaking? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Does your child follow directions? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Does your child take an active part in conversations? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |