

ON THE DAY OF DISCHARGE

- Your discharge should be confirmed by 10am, this might take several hours to organise.
- You may be sent to another ward or area while your final discharge needs are completed or while waiting for your transport home.

Name of area _____ Ph. No. _____

SOME OF THE ITEMS YOU MIGHT BE WAITING FOR INCLUDE:-

- A discharge letter for your local doctor
- 3 days supply of medications
- Follow-up appointment dates and times
- Nursing discharge letter for the community nurses (if required)
- Medical certificates (if required)
- Discharge checklist
- Dressings (if required)

BEFORE GOING HOME PLEASE REMEMBER TO COLLECT YOUR

- private x-rays
- own medications
- belongings from security

ON ARRIVAL HOME

- Make a follow up appointment with your local doctor and take all your discharge paper work with you
- Make any specialist appointments not made in hospital

“BE PREPARED”

A GUIDE TO GETTING YOU READY FOR DISCHARGE.

Patient Name: _____

Bedside Phone No. _____

Specialist Name: _____

Discharge Date: _____

Ward Name: _____

Ward Phone No. _____

THINGS WE NEED TO KNOW TO HELP WITH YOUR DISCHARGE!

Do you already receive services / help at home?

Will you need help with any of the following once you return home?

- Showering
- Cleaning
- Transport
- Shopping
- Meals

Do you need an interpreter?

Do you care for someone at home?

Do you have a lot of steps either outside or inside that you need to use?

Do you think you would benefit from a short stay in a hostel or nursing home prior to going home (i.e. respite care)?

Are you having problems with taking your medications?

Do you need a medical certificate?

If you have answered yes to any of the above questions please inform your nurse or doctor so that we can prepare for your discharge.

WHAT DOES THE DISCHARGE DATE MEAN FOR YOU AND YOUR FAMILY?

- The discharge date is the day you are expected to leave hospital.
- It allows you and your family/carer to prepare for your discharge needs
- The discharge date may change as your medical condition changes
- Please confirm your discharge date with the doctors and nurses
- Please arrange transport home for your confirmed discharge date. Speak with staff if you require assistance with transport arrangements

THE DISCHARGE DATE ALSO HELPS WITH ARRANGING:-

- Referral to the Community Acute and Post Acute Care services for clinical care if necessary e.g. wound dressing, IV antibiotics
- Referrals to community services to help meet your discharge needs
- The restarting and/or increasing your existing home services
- Your transport home with your family/carer