

## The Haymarket Foundation 165b Palmer Street EAST SYDNEY NSW 2010 Telephone: (02) 9331 1969 Fax: (02) 9361 5417

English [NGO-6955]

## Attention Cleaners Your Safety Is Important

- Wear gloves when emptying rubbish bins.
- Wear gloves when cleaning bathrooms.
- Wash your hands thoroughly each evening before going home.
- This clinic has a needle exchange service. The yellow plastic bins with lids are called sharps bins and are for the disposal of used syringes.
- Do not ever empty the sharps bins.
- If you find a syringe anywhere, bring the sharps bin to where you have found the needle, carefully pick it up with the tongs, and then drop it into the bin.
- If you drop something into the sharps bin, do not under any circumstances try to retrieve anything from the sharps bin.
- If you should accidentally prick yourself with a needle, immediately stop
  what you are doing and wash the area well with soap and water. There is a
  bottle of pink liquid antiseptic soap (Microshield/Chlorhexidine surgical hand
  wash) next to the sink in the nurses' room.
- If you should splash your eye or a cut with blood or other body fluids wash with copious amounts of water.

## IT IS IMPORTANT THAT YOU SEEK MEDICAL ATTENTION IMMEDIATELY

 It is important to tell the hospital staff that you are a cleaner at a medical clinic and that you have sustained a needle stick injury at work.