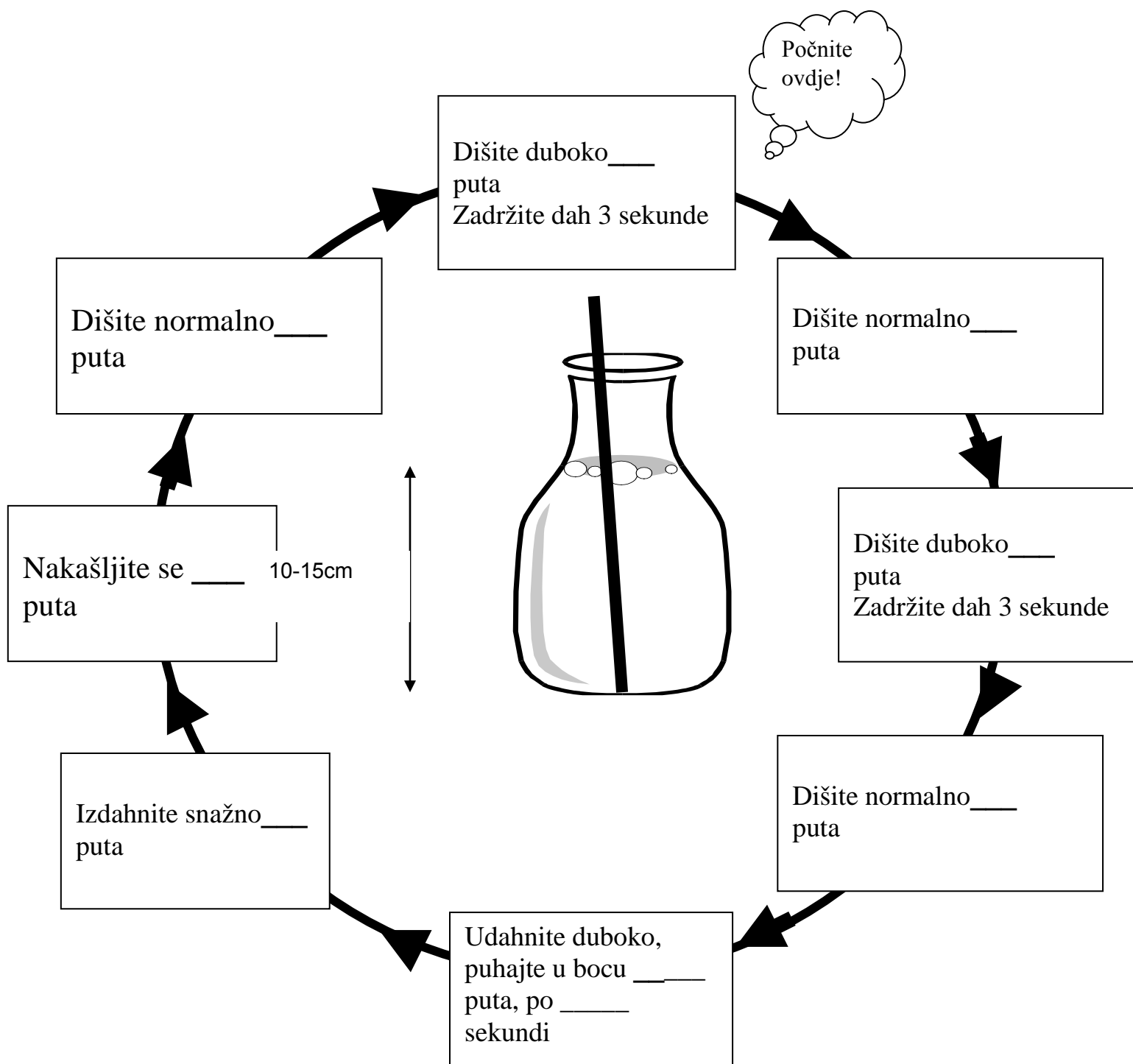


PEP Boca + ACBT((Aktivan ciklus tehnike disanja)



**Ponovite ___ puta
Svaki sat vremena**

- Legnite na lijevu stranu
- Legnite na desnu stranu
- Sjedite uspravno