

Name: _____ **Bed Number:** _____

Eating well when you are in hospital is important for your recovery. To help us to provide a menu that suits your needs, please tick which foods on the list below that you eat and which foods you don't eat:

Foods	Yes	No
Rolled Oats		
Breakfast Cereals		
Toast		
White Bread		
Wholemeal Bread		
Margarine		
Vegemite		
Jam		
Honey		
Eggs		
Cheese		
Baked Beans		
Creamed Corn		
Prunes		
Fresh Fruit		
Canned Fruit		
Soup		
Beef		
Lamb		
Veal		
Pork		
Bacon		
Chicken		
Fish		
Seafood		
Rice		
Pasta		
Salad		
Cooked Vegetables		
Desserts		
Custard		
Ice cream		
Yoghurt		
Cakes		
Jelly		
Drinks		
Milk - Full Cream		
Milk - Skim		
Milk - Flavoured		
Milk - Soy		
Tea		
Coffee		
Apple Juice		
Orange Juice		
Cordial		