

Midwifery Support Program

Congratulations on your pregnancy and your journey towards the birth of your baby.

After the birth of your baby, you may like to choose the Midwifery Support Program for care and support. The Midwifery Support Program provides postnatal care for you and your baby in your home after you have been discharged from hospital.

About the Midwifery Support Program

The Midwifery Support Program provides up to three home visits by a midwife. These visits will be during your first few days at home after the birth of your baby. The midwife will visit you at your home for approximately 45 minutes on each visit.

The benefits of the Midwifery Support Program include:

- A private visit with the midwife in your home. The private visit allows you to ask questions, receive support and gain confidence with feeding and caring for your baby.
- Your partner and family are able to provide support and care for you and your baby in your home.
- You can sleep and rest in a more comfortable and relaxing environment.
- There is phone support available outside of home visits.

Who can join the Midwifery Support Program?

The Midwifery Support Program may be available:

- If you go home from hospital less than 48 hours after a vaginal birth or less than 72 hours after a caesarean birth and,
- If you are feeding your baby independently and,
- If there are no medical issues for you or your baby requiring a longer hospital stay

How can I join the Midwifery Support Program?

When you are admitted to hospital for your labour please discuss the Midwifery Support Program with your midwife or obstetrician.

What if I need help in speaking English?

Professional interpreters are available if you need help understanding or speaking in English. You may have a family member or friend present, but all communication about

your treatment should be through a professional interpreter. Interpreter services are free and confidential.

It is your right to ask for an interpreter if one is not offered to you. The staff will book the interpreter for you.

If you need to use an interpreter to contact us, please call the telephone Translating and Interpreting Service on 131 450.

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