There is no place for domestic and family violence in Australia

Does your partner or a family member:

Make you or your children feel afraid?

Hit or hurt you or your children?

Expect you to have sex even if you don't want to?

Yell, throw things, or break things?

Insult you or make you feel like you don't matter?

Stop you from having your own money?

Stop you from going places or seeing people?

If you answered 'yes' to any of these, you may be living with domestic and family violence.

You have rights. Domestic and family violence is illegal. The law protects everyone, including new migrants and temporary visa holders.

Support is available. Talk to a doctor or health worker. We will support you whether you choose to stay in or leave your relationship.

Please ask us for a free professional interpreter for support in your language.

Local contact:	
Service:	
Phone:	



For other support, 24-hour helplines are available:

 1800RESPECT
 1800 737 732

 NSW Domestic Violence Helpline
 1800 65 64 63

 Lifeline Australia
 13 11 14

For support in your language, call Translating and Interpreting Service (TIS) on 131 450 and ask for the helpline.

In an emergency or life-threatening situation, call 000.



SHPN (MHCS) 230852