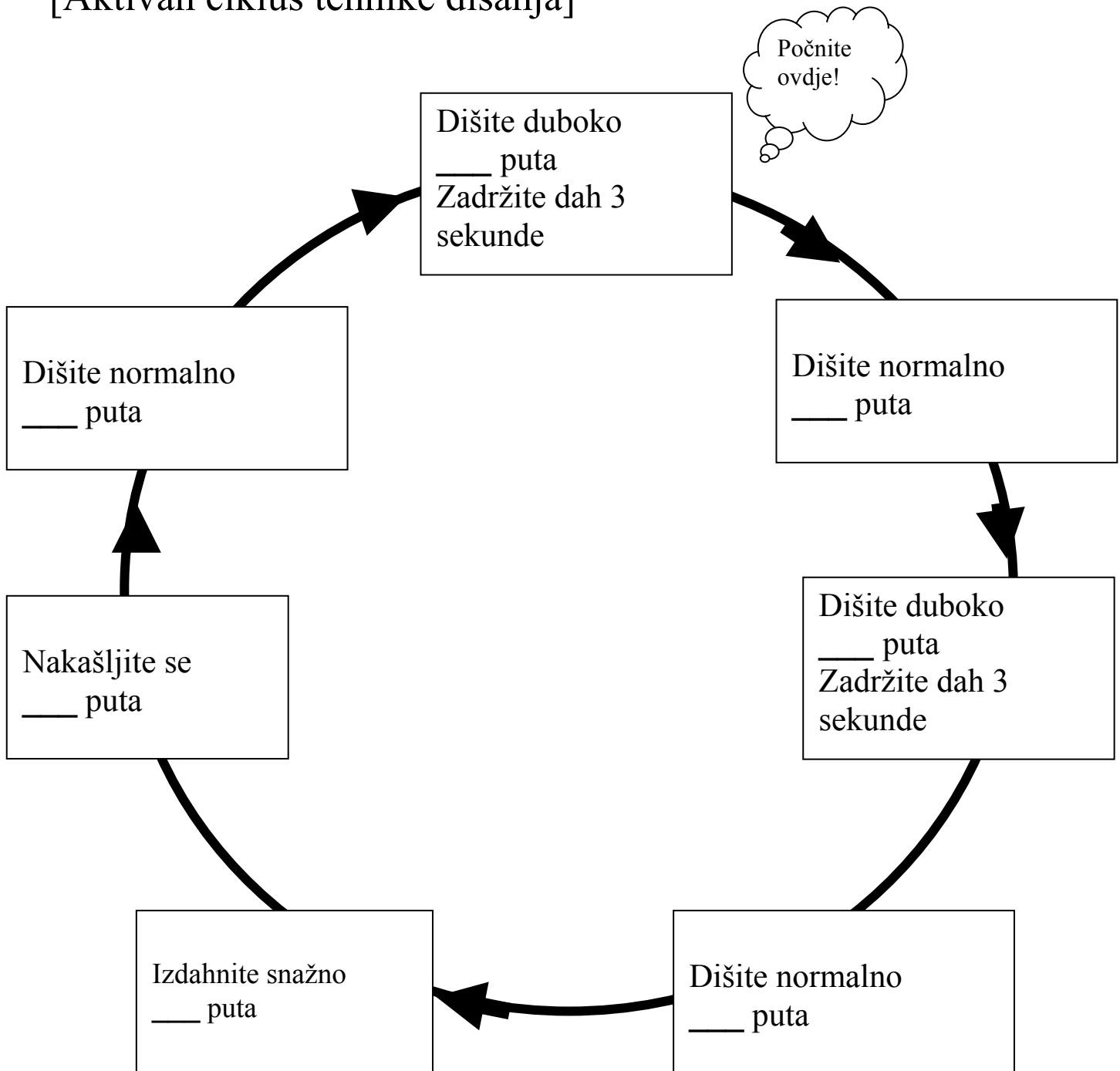


ACBT – Active Cycle of Breathing Technique

Croatian
[AHS-7250]

[Aktivan ciklus tehnike disanja]



**Ponovite ___ puta
Svaki sat vremena**

- Legnite na lijevu stranu
- Legnite na desnu stranu
- Sjedite uspravno